



Brent has been coaching with the Brantford Track and Field Club since 2012, primarily with the Minor Track Association (MTA) aged athletes. Middle distance and cross country running is a primary expertise area, but Brent's broad knowledge of track and field is suitable for all MTA events. Getting a young athlete started in the sport and watching that athlete take ownership over their improvement is the gratification that keeps him coaching. Brent also currently serves as the President of the club and is a provincial and Canadian masters age group champion.